Get ready for Black History Month









- The theme this year is **‘Honouring Our Communities’** – recognising individuals whose everyday contributions shape and support life across the UK.
- Across Britain, there are black individuals who show up every day for others.

-Volunteers who give their time

-Teachers who shape futures far beyond the classroom.

-Nurses and carers who offer dignity and compassion in moments that matter most.

-Community leaders and organisers who bring people together, often working quietly, without recognition





Can you remember who this person is?

What are her achievements?











Baroness Floella Benjamin

- ✓ Actress
- ✓ Singer
- ✓ Presenter
- ✓ Author
- ✓ Politician
- ✓ Member of the House of Lords
- ✓ BAFTA Fellowship Award
- ✓ Making a positive difference!









Which sport do you think this person Is known for?







Athletics - Javelin!!





This is Tessa Sanderson CBE

She is a famous British Athlete who was a star in the javelin throw.



Tessa competed in an amazing SIX Summer Olympics competitions from 1976 to 1996.

Her biggest moment came when she won the GOLD medal at the 1984 Summer Olympics in Los Angeles in America.





This is Tessa Sanderson CBE



- This incredible victory made her the first Black British woman to ever win an Olympic gold medal.
- She was also only the second track and field athlete in history to compete in SIX different Olympic Games
- Tessa Sanderson's success didn't stop there. She won THREE GOLD medals at the Commonwealth Games and a SILVER medal at the European Championships.



This is Tessa Sanderson CBE



- After retiring from sports, Tessa Sanderson appeared on television and worked as a sports reporter.

- She also started the Tessa Sanderson Foundation and Academy. This organisation helps young people and people with disabilities get involved in sports in their communities.



- For her amazing work, she has been honoured by the Queen – CBE - Commander of the Most Excellent Order of the British Empire.



Let’s watch a video to see Tessa in action and to find out more….

https://www.youtube.com/watch?v=a8rmM9Si4vU

- Think about which core values she needed to reach her goals.
- What did she experience when she was younger that she needed to find a positive way to overcome?
- How do you think she felt when she was competing?
- How has she now used her achievements to inspire and help others?



Quotes from Tessa Sanderson CBE



"Knowing that no other Black British person had won a throwing event at an Olympics was extraordinary. I felt I'd done something really important."

"I know how hard it can be to break into a world where you don't always see people who look like you, but I want them to know that it's possible. If my journey can inspire even one young person to keep going, then it's all been worth it."



https://kids.kiddle.co/Tessa_Sanderson



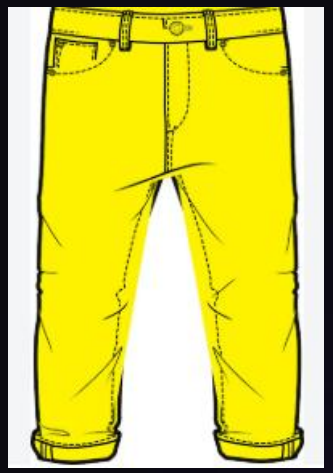








Friday 23rd October – Whole School
Non - uniform
Wear Black History Colours



- **Black = resilience**
- Red = love
- Yellow = optimism and justice/fairness
- Green = greenery/nature

BLACK HISTORY MONTH UK
B:M 2026
DIVERSITY CHAMPION